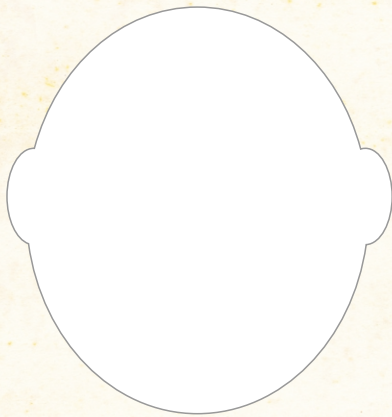


Your name

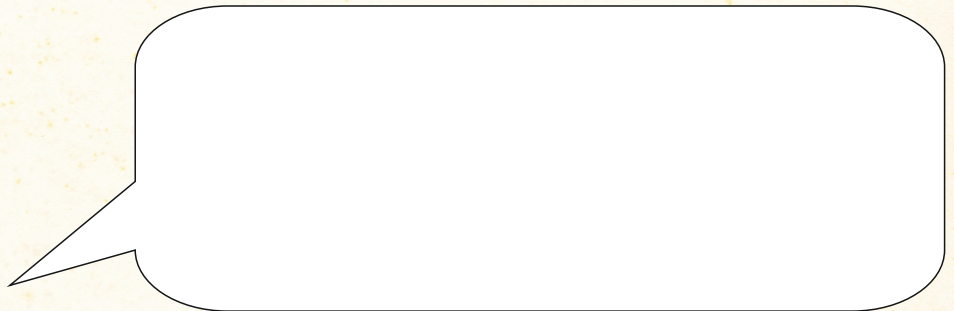
Anger Map



What kind of face do you have when you are angry? ▼



What things do you say? ▼



How do you behave when you're angry? ▼

What happens to your body when you're angry? ▼

Other ways of handling my anger



What could your anger help you to achieve? ▼



Have you learnt anything about your anger? ▼



What helps when you're angry?